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In an optical fiber communications system including a first node coupled to a second

2 rode by an optical fiber, a method for transmitting overhead information from the first node to

- the second node, the method comprising:
- generating a control channel containing the overhead information;
- frequency division multiplexing the control channel with a plurality of electrical low-
- 6 speed channels to form an electrical high-speed channel;
- 7 converting the electrical high-speed channel from electrical to optical form to form an
- 8 optical high-speed channel; and
- 9 transmitting the optical high-speed channel over the optical fiber to the second node.
 - 2. The method of claim 1 wherein, within the optical high-speed channel, the control channel is more robust than the low-speed channels to impairments in the optical fiber.
 - 3. The method of claim 1 wherein the control channel has a narrower frequency bandwidth than the low-speed channels.
 - 4. The method of claim 1 wherein, in the electrical high-speed channel, the control channel is located at a frequency lower than that of the electrical low speed channels.
- 7 5. The method of claim 1 wherein the control channel has a data rate of approximately 2 Mbps.
- In 6. The method of claim 1 wherein the overhead information includes software to be loaded onto the second node.
- 7. The method of claim 1 wherein the overhead information includes information for controlling the second node.

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- The method of claim 1 wherein the overhead information includes information for 8. 1
- 2 configuring the second node.
- 9. The method of claim 1 wherein the overhead information includes diagnostic information 1
- from testing one of the nodes. 2
- The method of claim 1 wherein the overhead information includes metrics from 10. I
- measuring a performance of a fiber link between the first node and the second node. 2
 - The method of claim 1 wherein the overhead information includes information used for 11. fault isolation.
 - The method of claim 1 wherein the overhead information includes information used to 12. establish a fiber link between the first node and the second node.
 - 13. The method of claim 1 further comprising: receiving the optical high-speed channel;
 - converting the optical high-speed channel from optical to electrical form to recover the electrical high-speed channel; and
 - frequency division demultiplexing the control channel from the electrical high-speed channel.
 - 14. The method of claim 1 further comprising:
- generating a second control channel containing second overhead information; 2
- frequency division multiplexing the second control channel with a second plurality of 3
- electrical low-speed channels to form a second electrical high-speed channel;
- converting the second electrical high-speed channel from electrical to optical form to 5
- form a second optical high-speed channel; and 6
- transmitting the second optical high-speed channel over a second optical fiber from the 7 second node to the first node. 8

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an FDM multiplexer for combining a second control channel with second low-speed channels into a second electrical high-speed channel; and an E/O converter coupled to the FDM multiplexer for converting the second electrical high-speed channel from electrical to optical form to form a second optical high-speed channel; and

the first node further comprises:

- an O/E converter for converting the second optical high-speed channel to the second electrical high-speed channel; and
- a FDM demultiplexer coupled to the O/E converter for frequency division demultiplexing the second control channel from the second electrical high-speed channel.